

#### Nisonger Center

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# Leadership Education in Neurodevelopmental Disabilities (LEND) Family Trainees

### What is LEND?

LEND is an interdisciplinary training program of the Nisonger Center at The Ohio State University. The purpose of LEND is to improve the health of individuals with ASD/DD by preparing trainees from a wide variety of disciplines to assume **leadership** roles and to ensure high levels of clinical competence.

## What is a LEND Family trainee?

The family trainee is a parent or family member of an individual with a disability who learns about ASD/DD attends classes and clinics, and completes a leadership project. Through LEND, family trainees have a chance to experience leadership in a new way: learning about multiple perspectives of disability and sharing their own lived experiences.

#### What would I do?

Family trainees learn and work with students. They also share their lived experiences with the LEND trainees and offer a valuable insider perspective about disability.

## What is required?

Participate in the Nisonger LEND program 10 hours a week - Fall and Spring semesters (August – May). This includes attending the LEND classes on Monday and Wednesday, attending some clinics, and working on Leadership Projects with other LEND trainees. Family trainees are paid for their participation.

# How do I apply?

Email a <u>Letter of Interest</u> and a <u>resume</u> to: Ellen Cook (tamncook@gmail.com) and Linda Rittenhouse (rittenhouse.59@osu.edu)

In the letter explain your experience as a family-advocate and what interests you about being part of LEND.