

FREE

Health Program!

Linking adults to better health!

Did you have any difficulties when you were in school (like a learning disability, problems paying attention, or autism)?”

You must:

- **be 18+ years old**
- **Live in Central Ohio***

*Counties: Franklin, Delaware, Fairfield, Pickaway, Madison, Licking, Union

Learn ways to be healthier:

- **Talk about regular health care and screenings that are important for YOU!**
- **Set a health goal and make a plan to meet it!**
- **Get support to connect with health services and resources in your community!**

Sign up here!



or contact our Linkage Coordinator

linkages@osumc.edu
614-685-9323

After you sign up, we will call or email you to talk about your health and your health goals.



THE OHIO STATE UNIVERSITY
NISONGER CENTER

