

ADULT SCALE of HOSTILITY & AGGRESSION, REACTIVE/PROACTIVE (ASHARP)

SUBJECT'S ID CODE: _____ DATE: ____/____/____

Subject's...

Date of Birth: ____/____/____

Gender (please circle): F M

Subject is: ____ African American ____ Caucasian (European origin) ____ Hispanic ____
Asian American ____ Other (if checked, please specify: _____)

IQ/severity of intellectual disability: __mild, __moderate, __severe/profound.

RATER'S NAME: _____

Relationship of rater to subject (e.g., parent, teacher, instructor, etc.):

How long have you (the rater) known the subject?:

Does the subject have any psychiatric diagnoses? __NO __YES If YES, please list all
diagnoses below:

Does the subject have a behavior support plan for aggressive or hostile behavior(s)? __NO
__YES

Does the subject take any medicines for behavioral or emotional problems? __NO __YES If
YES, please list all medicines below:

Medicine	Dose/day
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Does the subject have any genetic disorders? Please check any that apply:

____ Down Syndrome

____ Fragile X Syndrome

____ Autistic Disorder, or other PDD Spectrum Disorder

____ Other (if checked, please specify: _____)

INSTRUCTIONS: Based on your experience of the person's behavior in the past six months, please first circle ONE "Problem Scale" answer for each of the items.

Problem Scale: Please circle the number which best reflects the person's behavior...

- 0 = Does not happen (NOTE: If circled, the "Who starts it?" rating [next column over] is NOT scored for that item)
- 1 = Mild or infrequent problem
- 2 = Moderately serious and/or frequent problem
- 3 = Severe and/or very frequent problem

Next, *if this answer is a "1," "2," or "3" (that is, if it is a problem at all)*, circle ONE "Who starts it?" rating for the item if applicable.

"Who starts it?" Rating: Where applicable, please circle the number which best reflects the client's behavior...

- 2 = *Only* when provoked, unplanned, or when s/he "just loses it;"
- 1 = *Usually* provoked and/or unplanned;
- 0 = Equally likely to happen with or without provocation;
- 1 = *Usually* the first to act, without provocation;
- 2 = *Always* the first to act (that is, always the instigator; the one who "starts it");

DEFINITIONS:

Instigator: The one who deliberately "starts it;" the first or only one to act in an incident of aggression;

Provocation: Any action leading to the aggression, no matter how mild (e.g., verbal teasing or being crowded) or severe (e.g., being hit or kicked), which seems to anger or upset the subject and trigger the behavior;

	Problem Scale				Who starts it?				
	Doesn't happen			Severe/ Frequent	Provoked				Not Provoked
1. Is "sneaky;" does things "on the sly"	0	1	2	3	N/A				
2. Attempts to touch others in inappropriate, sexually suggestive manner	0	1	2	3	-2	-1	0	1	2
3. Pinches others	0	1	2	3	-2	-1	0	1	2
4. Is resentful over seemingly minor issues	0	1	2	3	N/A				
5. Breaks others' things	0	1	2	3	-2	-1	0	1	2
6. Is quick to anger ("hot-headed")	0	1	2	3	N/A				
7. Takes others' things by force	0	1	2	3	-2	-1	0	1	2
8. Broods, pouts, or is sullen	0	1	2	3	N/A				
9. Calls others insulting names in their absence	0	1	2	3	-2	-1	0	1	2
	Problem Scale				Who starts it?				

	Doesn't Happen				Provoked					Not Provoked
	0	1	2	3	-2	-1	0	1	2	
10. Shoves or pushes others	0	1	2	3	-2	-1	0	1	2	
11. Crowds others (invades their personal space)	0	1	2	3	N/A					
12. Intimidates others	0	1	2	3	N/A					
13. Says, "I hate you" or makes other hurtful statements	0	1	2	3	-2	-1	0	1	2	
14. Bites others	0	1	2	3	-2	-1	0	1	2	
15. Insults others to their faces	0	1	2	3	-2	-1	0	1	2	
16. Throws objects at others	0	1	2	3	-2	-1	0	1	2	
17. Reacts suddenly or impulsively to minor provocations	0	1	2	3	N/A					
18. Shouts at others in anger	0	1	2	3	-2	-1	0	1	2	
19. Gets mad when caught behaving badly	0	1	2	3	N/A					
20. Is overly argumentative	0	1	2	3	N/A					
21. Uses profanity to shock or offend others	0	1	2	3	-2	-1	0	1	2	
22. Tickles or otherwise physically teases others, even after being asked to stop	0	1	2	3	N/A					
23. Steals from others when they aren't looking	0	1	2	3	-2	-1	0	1	2	
24. Calls others insulting names to their faces	0	1	2	3	-2	-1	0	1	2	
25. Head-butts others	0	1	2	3	-2	-1	0	1	2	
26. Makes insulting comments about others behind their backs	0	1	2	3	N/A					
27. Breaks own belongings	0	1	2	3	-2	-1	0	1	2	
28. Makes threatening gestures (like shaking fist)	0	1	2	3	-2	-1	0	1	2	
29. Charges at others	0	1	2	3	-2	-1	0	1	2	
30. Verbally teases others, even after being asked to stop	0	1	2	3	N/A					
31. If caught, denies having behaved badly	0	1	2	3	N/A					
32. Pulls others' hair	0	1	2	3	-2	-1	0	1	2	
33. When angry, is slow to cool off	0	1	2	3	N/A					
34. Spits at others	0	1	2	3	-2	-1	0	1	2	
35. Says "I hate [someone not present]" or makes other hurtful statements in absence of the person concerned	0	1	2	3	-2	-1	0	1	2	
36. Takes offense at things others say or do when s/he shouldn't	0	1	2	3	-2	-1	0	1	2	
37. Starts trouble by baiting others	0	1	2	3	N/A					
38. If caught, makes excuses for bad behavior	0	1	2	3	N/A					
39. Is hostile, "has a chip on his/her shoulder"	0	1	2	3	N/A					
40. Scratches others with fingernails	0	1	2	3	-2	-1	0	1	2	
41. Encourages others to gang up on someone (physically OR verbally)	0	1	2	3	N/A					

42. Hits others with objects	0	1	2	3	-2	-1	0	1	2	
43. Is often grouchy	0	1	2	3	N/A					
44. Verbally threatens others with physical harm	0	1	2	3	-2	-1	0	1	2	
45. Hits or shoves others forcefully	0	1	2	3	-2	-1	0	1	2	
46. Makes unwanted sexual comments to others	0	1	2	3	N/A					
47. Gets revenge after some time has passed and the other person is not on guard	0	1	2	3	N/A					
48. Tries not to get caught while doing harmful things to others	0	1	2	3	N/A					
	Doesn't Happen				Severe/Frequent		Provoked		Not Provoked	

Problem Scale: Please circle the number which best reflects the subject's behavior...

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