

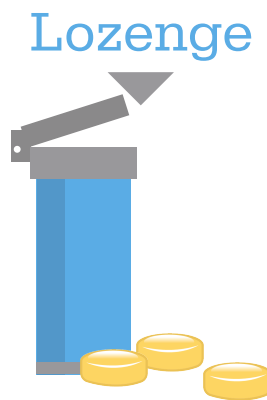
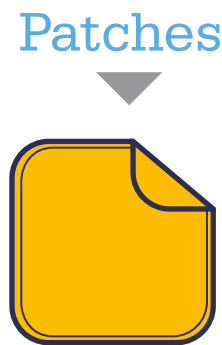
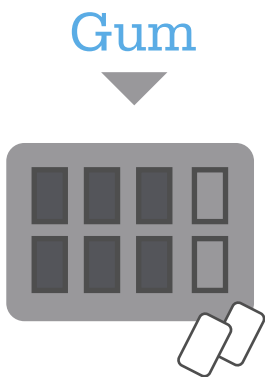
Tobacco is a bad habit that hurts you. Are you ready to quit?

Tobacco Quit Tools can help you quit tobacco for good.



Are Tobacco Quit Tools right for me?

Have free tools shipped to your door and be connected to a coach that can **help you quit**.



Using **Tobacco Quit Tools** are a **SAFE** way to quit. It doesn't have the same harmful chemicals as cigarettes or other tobacco products.

TOBACCO QUIT TOOLS ARE FREE THROUGH THE OHIO TOBACCO QUIT LINE AND CAN BE SHIPPED TO YOUR HOME



People who use **Tobacco Quit Tools** are **2x** as likely to **QUIT TOBACCO**

Using **Tobacco Quit Tools** and joining a **Tobacco Quit Group** can make you **10x** more likely to **QUIT TOBACCO**



Ohio Department of Health



FOR FREE HELP

1-800-784-8669



[HTTPS://OHIO.QUITLOGIX.ORG/EN-US/](https://ohio.quitlogix.org/en-us/)