

The Impact of the Opioid Crisis on Children

Additional Resources

Public Children Services Association of Ohio's "Sobriety, Treatment, and Reducing Trauma" (START) Program

<http://www.pcsao.org/programs/ohio-start>

- Executive Summary of START Program
<http://www.pcsao.org/pdf/misc/OhioSTARTExecutiveSummary.pdf>
- Marla Himmeger, Ohio START Program Manager
Phone: 614-244-5802; E-mail: OhioSTART@pcsao.org

MOMS and Strong Start Ohio Programs

<http://momsohio.org/>

- Health Care Provider Decision Trees for opiate-dependent women
http://momsohio.org/healthcare-providers/decision-trees/decisiontree-attributes/MOMS%20Decision%20Tree_F4_6-27-16.pdf
- Health Care Provider Training tool: Building partnerships with child welfare
http://momsohio.org/healthcare-providers/providers-attributes/MOMS%20Child%20Welfare%20Training_Final_3-21-16.pdf
- Health Care Provider Podcasts
<http://momsohio.org/healthcare-providers/podcasts/index.html>
- Shared decision-making module
<http://momsohio.org/shared-decision-making/html/>
- Moms and Moms-to-be Resources
<http://momsohio.org/moms-to-be/resources/>

Vanderbilt Early Learning Training Modules

- The link below will take you to two training modules one for infants and toddlers and the preschoolers. For the infant and toddler section module 1 appears interesting for interventions with challenging behavior as well as module 3a and 4 in the preschooler section.
http://csefel.vanderbilt.edu/resources/training_modules.html

Media:

Ideas in Motion

- Video biopic on Ohio children in foster care
<https://www.youtube.com/watch?v=-BxJMEj5TQY&feature=youtu.be>
- Video on trauma, mostly about first-responder trauma, but does talk about children's trauma related to parental Substance Use Disorders
https://www.youtube.com/watch?v=iKdEZCLSM_8

Foster Parent Video

<https://www.npr.org/2017/12/23/573021632/the-foster-care-system-is-flooded-with-children-of-the-opioid-epidemic>

The Governor's Cabinet – Opiate Action Team

- Base website has a lot of information on what the state is currently working on as well as statistics on the epidemic.
<http://fightingopiateabuse.ohio.gov/>

2016 Ohio Drug Overdose data: A general Finding

- A report of drug unintentional overdoses in the state of Ohio by category and accounting of OARRS system effectiveness.

<https://www.odh.ohio.gov/-/media/ODH/ASSETS/Files/health/injury-prevention/2016-Ohio-Drug-Overdose-Report-FINAL.pdf?la=en>

CDC Report on Opiate Epidemic

- National analysis from 2010 –2015 regarding the increase death rate due to drugs and opiates and the need for statewide response.

<https://www.cdc.gov/media/releases/2016/p1216-continuing-opioid-epidemic.html>

The U.S. Opioid Epidemic

- Information regarding the Opioid epidemic in the US, drug facts, prevention and treatment and other resources. Provides national statistics from 2015 as well.

<https://www.hhs.gov/opioids/about-the-epidemic/index.html#us-epidemic>

Results from the National Survey on Drug Use and Health

- Page 353 of the document begins the review of Opiate misuse from 2015 –2016 nationally by region, county type, poverty level, and insurance coverage.

<https://www.samhsa.gov/data/sites/default/files/NSDUH-DetTabs-2016/NSDUH-DetTabs-2016.pdf>

News Article on Ohio's Foster Care Problem

<http://www.motherjones.com/politics/2017/07/children-ohio-opioid-epidemic/>

The Franklin County Opiate Crisis Coalition

<https://octf.franklincountyohio.gov/speakers-bureau>

- Why Language Matters: Changing the stigma about addiction handout
<https://octf.franklincountyohio.gov/CRNR-OCTF-website/media/Documents/Resources/Say-This-Instead-of-That-Why-Language-Matters.pdf>
- List of all resources from Franklin County Opiate Crisis Coalition
<https://octf.franklincountyohio.gov/resources>
- Resources for Pregnant Moms
<https://octf.franklincountyohio.gov/CRNR-OCTF-website/media/Documents/Resources/Pregnant-Moms-Resource-Card.pdf>

Expanded Clinical Tools/Resources:

Still Face Examples

- The Still Face examples provide additional information on infant attachment.
<https://www.youtube.com/watch?v=apzXGEbZht0>

Feelings Song

- Example of teaching children about feelings through music.
https://youtu.be/60ugi_JP9q4

Feelings Flashcards

- Here is an option for purchasing feelings flash cards. This website has lots of other types of therapeutic tools.
<https://selfesteemshop.com/shop/feelings-flash-cards/>

Feelings poster or other feelings posters

- Examples of feelings posters that you could purchase for your office.
<https://www.childtherapytoys.com/products/young-childrens-feelings-poster-laminated?variant=28564428486>

OSU Clinical Social Work iTunes University Course on Addiction

- If you would like to learn more about addiction, check out this course on the topic.
<https://itunes.apple.com/us/course/theories-and-biological-basis-of-substance-use-addiction/id634005714>

Assessment Tools:

- Link to *free* traumatic stress questionnaires, anxiety questionnaires, mood questionnaires
<https://depts.washington.edu/hcsats/PDF/TF-%20CBT/pages/assessment.html>

Recommended Supplemental Materials:

National Pediatric Practice Community on Adverse Childhood Experiences (ACES)

- Initiated by the Center for Youth Wellness
<http://www.centerforyouthwellness.org/healthcare-professionals/national-pediatric-practice-community/>
<http://nppcaces.org/>

History of Opioid Epidemic in the U.S.

- If you would like to read the full book about the history of opiates in the U.S., the information is here:
Dreamland by Sam Quinones
<http://www.samquinones.com/books/dreamland/>

Formal Training in Treatments for Childhood Traumatic Stress

- **Child Parent Psychotherapy (0-5 year-olds)**
 - o If you want more training on working with young children and their parents with traumatic stress, check out Child Parent Psychotherapy
 - o General information on CPP:
http://nctsn.org/sites/default/files/assets/pdfs/cpp_general.pdf
 - o CPP Books and Manuals for Treatment:
<http://childtrauma.ucsf.edu/manuals-and-books>
 - o More information on how to get trained:
<http://childtrauma.ucsf.edu/child-parent-psychotherapy-training>
- **Trauma-Informed Cognitive Behavioral Therapy (3-21 year-olds)**
 - o General information on TF-CBT:
http://www.nctsn.org/nctsn_assets/pdfs/promising_practices/TF-CBT_fact_sheet_3-20-07.pdf
 - o How to use TF-CBT:
http://www.nctsn.net/nctsn_assets/pdfs/TF-CBT_Implementation_Manual.pdf
 - o A web-based training for beginners:
<https://tfcbt.musc.edu/>

- More information on how to get trained and certified as a TF-CBT provider:
<https://tfcbt.org/>
- **Attachment, Regulation, and Competency Framework for Complex Traumatic Event Exposure (2-21 year-olds)**
 - General Information on ARC:
http://nctsn.org/sites/default/files/assets/pdfs/arc_general.pdf
 - For a PowerPoint presentation describing ARC intervention to its fuller capacity:
http://www.nctsn.org/nctsn_assets/pdfs/Kinniburgh.pdf
 - More information on how to get trained in ARC:
<http://www.traumacenter.org/research/ascot.php>
 - To purchase the ARC manual:
https://www.amazon.com/dp/1606236253/ref=as_sl_pc_tf_lc?tag=thtrceatjr-20&camp=14573&creative=327641&linkCode=as1&creativeASIN=1606236253&adid=1PTCFYS2ZTCAPW89G14K&&ref-refURL=http%3A%2F%2Fwww.traumacenter.org%2Fproducts%2FAmazon_staff_books.php

Advocacy/Ways to Expand Care for Children

Center for Health Care Strategies, Inc.

- Funded by the Robert Wood Johnson Foundation; project on how to practically implement trauma-informed care across the health sector.
- They have a pilot project of 6 sites “nationally” (3 sites in San Francisco, CA; 1 site in Newark, NJ; 1 site in Bronx, NY; 1 site in Philadelphia, PA)
<https://www.chcs.org/project/advancing-trauma-informed-care/>

OSU Extension Program on Opioid Epidemic

- OSU’s current programming (Campus Conversation; OSU’s Extension County efforts; Health Outreach):
<https://extension.osu.edu/about/resources/opioid-epidemic-ohio-%E2%80%93-osue-taking-action>
- State and Federal Level Resources and News articles about opioid epidemic:
<https://extension.osu.edu/about/resources/opioid-epidemic-ohio-%E2%80%93-osue-taking-action/opioid-epidemic-ohio-%E2%80%93-resources-articles>