THE NISONGER CENTER
BROWN BAG SERIES PRESENTS:
WOMEN BE HEALTHY: THE JOURNEY

Please Join Us:
Friday February 19, 2010
12:00 – 1:00
243 McCampbell Hall

Presenter: Pam Dickens, MPH
Pam Dickens has worked with the NC Office on Disability and Health for the past 12 years, serving as women’s health coordinator. Pam works to improve the health of women with disabilities in North Carolina and to reduce health disparities. In the past 8 years, Pam has worked closely with Susan G. Komen for the Cure and the NC Community College System to train and implement the *Women Be Healthy* course. The course has been approved to be a part of the Compensatory Education health curriculum. Pam participates on the Susan G. Komen diversity council and recently developed a companion breast health pamphlet targeting women with intellectual disabilities. Ten thousand pamphlets have been disseminated nationwide. Pam participates on numerous projects to increase awareness about breast cancer screening among women with intellectual disabilities. Pam also works to decrease sexual assault among women with intellectual disabilities. She participates on the EMPOWER task force to develop a state plan for prevention of sexual violence, targeting women with intellectual disabilities as a focus population. She is also working with the local Rape Crisis Center to look more closely at providing adequate and appropriate services at the local agency and hospital emergency department to victims of sexual violence who have intellectual disabilities.

Women Be Healthy: The Journey

Women with developmental disabilities rarely participate in breast and cervical cancer screenings, thereby missing opportunities for early detection of cancer. *The Women Be Healthy* curriculum was developed in 2002 to teach women with developmental disabilities (DD) about health and breast and cervical cancer screenings to promote active participation in their healthcare. Women with DD have the same risk of cancer as the rest of the population but they participate in preventive or early detection screenings less often than other women.

This brown bag seminar will provide you with an overview of the eight-week *Women Be Healthy* course, developed in 2002, for women with developmental disabilities, the various projects utilizing *Women Be Healthy*, and our past and current evaluation.